

Ps 88:13 Early each morning I pray to You

Ps 4:1 Lord, be kind to me and hear my prayer

Ps 141:2 May my prayers to You be like incense

Ps 143:1 O Lord hear my prayer

You give me a song as my prayer

Ps 42:8 At night

The Parishioner

March 2019



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Registered Charity No. SC007260

Pastoral Letter

Dear Friends,

My father was one of a family of ten. We were always aware that each of his siblings was known for a particular character trait. My uncle Eddie was the socialiser, my aunt Hannah was the quiet one. My uncle Willy was the 'Nostalgic' one. Whenever Willy would enter the room the family would chorus at him, 'Nostalgia is not what is once was.' Music, perfume, photographs would take my uncle Willy on a journey down 'memory lane'. He would often be tearful towards the end of the night. There would be one beer too many and too many recollections of yester-year for him. Not only would it affect his mood it could easily affect the mood of the whole evening and everyone present.

Memory can have a detrimental effect on our present life. I have been reading a book by Stephen Grosz. It is entitled 'The Examined Life'. He is a psychoanalyst. In the book he comments on folks who have had a difficult experience and how attempting to remember can cause the mind to do

'All alone in the moonlight, I can dream of the old days, life was beautiful then...'

Continued overleaf



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summersaults in an attempt to forget.

In Andrew Lloyd Webber's song Memory from his musical Cats, the lyrics focus on memory. The sentiment is not unlike my nostalgic uncle. *'All alone in the moonlight, I can dream of the old days, life was beautiful then...'*

At this time in my life when I am likely to have less time ahead than I do have behind me, I am trying to value my memories. Like most folks, I have photographs, cards, letters, videos and objects that remind me of significant elements of my past.

As we rummage through the contents of the Manse, in preparation for our move to another Manse, I have come across things that instantly take me on a journey through time.

Going forward my memories will give me strength. I only need to take a look round the congregation at St Mary's and I remember the support, love and care you have shown me and my family over the past 18 years. I only need to take a walk through the cemetery, look through my notes and I remember good folks, no longer with us, who have shaped me as a person. When I walk or drive through Kirkintilloch each street has a memory, each corner has a recollection that enriches my life. There may always be things we want to forget and it may be painful to remember harder times.

As I cherish my memories of my Ministry at St Mary's it will strengthen my character and restore my soul.

The Bible instructs us to remember God's faithfulness. It is only with that intentional attempt to remember we can move confidently forward. God was faithful in the past and will be faithful in the future. Even when it is emotional, difficult, painful and hard, God is with us.

I thank you for allowing me to be your Minister. For the welcome and support you gave to me and my family. I have always taken pride in being the Minister of St Mary's Parish Church and I thank God for those who have served alongside me. The congregation have encouraged me and expressed gratitude for what I have done. I am grateful for the affirmation I have found in my work among you.

We will only be moving to Bishopbriggs. I will still bump into you in Tesco or on Cowgate.

May God richly bless this congregation and parish as you move into the next stage of your life. May the memories of all we have done together shape our future in a positive way.

God Bless

Mark.



Find us on:



@minsmpc



st mary's
kirkintilloch

Parish Register

Baptisms

'Jesus said 'Let the children come to me, for as such is the Kingdom of heaven' . . . he placed his hand upon them and blessed them.'

February 24 Reuben Alexander Brown, son of Sharon and Colin

The Lord bless you, and keep you: the Lord make his face to shine upon you, and be gracious unto you: the Lord lift up his countenance upon you, and give you peace.

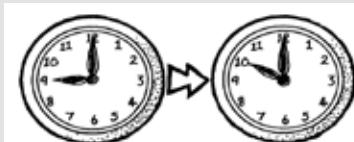
Funerals

Jesus said 'I am the resurrection and the life ...'

'Blessed are they that mourn for they shall be comforted'

Jesus said 'The souls of the righteous are in the hands of God'.

February 01 Douglas Middleton, 21 Loch Road, Kirkintilloch
18 Eileen Davidson, 122 Highfield Road, Kirkintilloch
22 Mrs Margaret Lang, Parkview Avenue, Kirkintilloch
22 Alan Baird, Westfield Road, Kilsyth
28 Mr William Hutchison, 64 Muirside Avenue, Kirkintilloch
28 Mrs Grace Munro, 10 Juniper Drive, Milton of Campsie



British Summer Time begins at 1.00 am on Sunday 31 March. Please remember to

put your clocks and watches forward one hour before you retire on the Saturday night or you could be late for Church!



Church Flowers

We wish to thank the following members who will donate the flowers for the Chancel of our Church during March.

March	10	Mrs K Pollock, Mrs E Morrow, Mr Mrs A Beveridge
	17	Mrs A Scott, Mrs B McMillan
	24	Mrs C Hickey, Mrs J Paterson
	31	Mrs E Gillespie, Mrs J Whyte, Mrs E M Walker
April	07	Mrs J Stewart, Mrs C Keellings Mrs A Brownlie, Mrs L Sinclair, Mrs W Steele

The following members, whom we wish to thank for their assistance, will be responsible for the distribution. want

March	03/10	Miss E Cousin, Mr G Burns
	17/24	Mrs J McCann, Mrs A Pearson
	31/	
April	07	Mrs S Burns, Mrs B McEwen

Sincere thanks go to our team of flower arrangers who beautify our sanctuary every Sunday, also our willing band who deliver them to our members, a wonderful job done by all.

Thank you acknowledgements have been received from: Mr N McKinnon, Mrs A. Abercrombie, Mrs K. Pollock, Mr Mrs J. Morrow, Mrs M. Young, Miss A. Tassie, Miss J. Provan, The Lang Family, Mrs A. Marran, Mr Mrs D. Halliday, Lesley, Margo, Douglas and Family, Mrs M. Gaston, Mr G. Kennedy, Mrs A. Rodger, J & R Barr, Mrs J Reid.

Janice Reid

Thank you for your kind wishes, cards and visits during my recent stays in hospital and subsequent recovery at home. Sincere thanks also for the beautiful flowers received from the Church. All very much appreciated.

Joan Morrison



The Bells of St Mary's

March / April 2019

March	10	Paul Malcolm and Lesley Bevens
	17	Mary Stirling and Jen Biggans
	24	Fiona and Mhairi Green and Olivia Fotheringham
	31	Mary Stirling and Lesley Bevens
April	07	Lisa and Daniel Malloy-Gibson
	14	Dorothy Stewart and Cara Bevens

Grannie

After church, the mother asked her young son if he had enjoyed Sunday School. “Oh yes,” he replied. “My new teacher is pretty cool – she is Jesus’ grandmother.” Startled, his mother asked what made him think that. “Obvious, she never stops talking about Jesus,” he replied

World Water Day is 22nd March

Clean water is one thing we take completely for granted. After all, when did you last turn on the tap and expect filthy water to come out? But sadly, bad water is still a daily reality for billions of people. The United Nations wants to help them by ensuring that everyone can access clean water by 2030. It is part of the so-called ‘2030 Agenda for Sustainable Development’, and an enormous challenge. Meanwhile, this year each one of us can do at least something to help on 22nd March. A donation to Water Aid will help provide safe water to marginalised communities worldwide. Simply go to: www.wateraid.org/uk

The following are extracts from letters from charities which we donated to at Christmas:

MND

Very many thanks to the Kirk Session and congregation for your kind donation of £981.10. Because of your generosity MND Scotland is able to provide more vital support than ever before. The number of free complimentary sessions has doubled. We can now provide more financial support through our grants to deal with the costs of MND. Last year alone our Welfare and Benefits team helped secure over £1.3 million in essential support for people affected by MND. You are also helping to fund research to fight back MND like never before.

Christine Arnott, MND Scotland

Glasgow Children's Hospital Charity

Please accept our sincere and heartfelt thanks on behalf of our young patients for the generous gift of £681.10 from the congregation.

Your generosity will help us to fund enhanced medical equipment, pioneering research innovative play programmes and family support services at Scotland's largest Children's Hospital.

'The complete revamp of the theatre and anaesthetic rooms are quite spectacular and the children have a distraction, particularly in the cardiac theatre where the patient is anaesthetised. The decoration of the room ensures that the operating table is not the first thing they see and concentrate on. It has made a huge difference to the paediatric environment and is enjoyed by many'.

Kirstin Sinclair, Chief Operating Officer

Young Church meets every Sunday in the halls during the service – ages 0-16. Visiting children are very welcome to join them.

Dates for your diary . . .

Friday Fellowship

meets every second Friday and the last two dates for this session are:

Mar 08 KMVC – Sally McLellan : All our Yesterdays
22 Beetle Drive & Quiz

The meeting on 08 March may well be of interest to those (ladies and gentlemen) who have followed the choir down through the years and you will all be made very welcome.



Listeners Circle

The next meeting will be on Friday 15 March. The choice of music this month is that of John McGuigan. Everyone is welcome at 2.00pm in the Session House.



Kirkintilloch Male Voice Choir 98th Annual Concert will be held in St Mary's Church on Saturday 30 March, 2019 at 7.30pm. Tickets priced £8 available from any choir member, Business Manager on 0141 775 2437, e-mail tickets_kmvc@hotmail.co.uk Tickets can also be purchased from Flowers by Linsey Catherine Street, Kirkintilloch.

Potato Lunch

will take place in the Hall after the service on Sunday 31 March. Tickets £1 to reserve your place are now on sale in the Hall vestibule on Sunday mornings, with a donation on the day.

Fashion Show

A Fashion Show is taking place in the Hall on Friday 26th April. Tickets costing £5 include light refreshments and go on sale on Sunday 7th April.

Adam and Eve

At Sunday School the children were learning how God created everything, including human beings. Little Josh was especially intent when the teacher told him how Eve was created out of one of Adam's ribs. Later in the week his mother noticed him lying down and looking scared. "Josh, what is the matter?" Josh whispered "I have pain in my side. I think I'm going to have a wife."

Session Report

Sharing the Good News! Well over 100 people have taken the opportunity to attend one of our Session House Meetings during the month of February. The meetings have been very well received, not only allowing us to share some key messages, but also generating some good conversations with folks. If you have managed to come along to one of the meetings, I thank you. Your participation in this process is very much appreciated.

We are planning one further Session House Meeting in the near future, so if you were not able to come along last month, just let me know (or add your name to the list at the front door) and I will try to make suitable arrangements.

Our next steps are to start and put things in place that will let us move forward with the key actions and activities that we have identified. This work is already underway and I will be able to provide more of a progress report after the Kirk Session meetings in March.

On a different topic, as Mark's move to Glasgow Cathedral approaches, our thoughts naturally turn to Mark's last service with us at St Mary's, as well as his service of induction at the Cathedral. At the time of writing this, dates are still tentative, but it looks as though that final service with us could be on 17th March. It is anticipated that, on that day, we would be able to catch up with Mark over a tea or coffee across in the halls after the service. This will be an opportunity to express our gratitude to Mark and to convey our best wishes to all of the Johnstone family as they prepare for their move.

The same day will also be Margaret's last service as Church Officer. All change!!

We are actively recruiting for Margaret's successor and would hope to be in a position to fill the role in the near future.



Kind Regards
Gordon Morrison, Session Clerk



Nursery News

We have been working hard towards gaining our 6th ECO Schools Flag and over the coming months require some help. Some activities you could be involved in can be found at; www.terracycle.co.uk/en-GB/ where you will see what items you can now recycle, including old toothbrushes.

We will be promoting WASTE WEEK throughout the month of March.

We have been looking at the birds that live in and around our environment as part of the Big Garden Bird Watch. Some of the children made bird feeders.

We had two outings this month when children visited our Forest Kindergarten and others went to the Gallery of Modern Art.

Chinese New Year was celebrated with Chinese themed activities and even a Chinese Dance with our Nursery Dragon!

As part of our Fairtrade Fortnight activities we hosted a Fair Games event for nurseries throughout East Dunbartonshire. Children had the chance to participate in various sports activities using Fairtrade balls.

Fiona Leishman, Nursery Convenor

Treasurer's Report

JANUARY OFFERING

DATE	FREEWILL OFFERING	GIFT AID	OPEN PLATE	STANDING ORDERS
06.01.19	184.00	493.00		113.80
13.01.19	384.00	327.50		114.00
20.01.19	556.00	550.30		158.00
27.01.19	255.00	259.20		125.40

Standing orders

TOTAL 1379.00

TOTAL 1630.00

TOTAL 511.20

Total for the Month

TOTAL 7427.20

RECEIPTS AND DONATIONS Received During January

with thanks and gratitude for your consideration of our Church

Donation to General Funds	100.00
Donation from Kirby Mile Crunchers to Special Projects Fund	500.00
Donation towards Production of The Parishioner from Arthur Main	12.00
Donations in Memory of John Carmichael Deceased	198.61

The Parishioner

Copy for the April Parishioner should be handed to Sandra Burns, left in the Publications pigeon hole in the Hall vestibule, or sent by e-mail to sandraburns.me@gmail.com no later than Sunday 31 March.

Visitors are welcome

St Mary's is a sit anywhere Church and visitors are always welcome. If you feel there should be more to life than retail therapy and Friday night clubbing, try coming along to the 11 o'clock service on Sunday morning. You may hear something to change how you value your life and your relationships with those around you. You don't have to join up to join in.

The Church office is located on the right as you enter the Church Halls. The secretary, Mrs Margaretann Dougall, is available in the office Monday to Friday 8.30 a.m. – 12.30 a.m. and may be the first point of contact for general enquiries. Margaretann will be able to refer you to the person best suited to respond. Church office telephone 0141 775 1166 or e-mail: stmarys@btconnect.com

The Parishioner Online

Missed or lost your copy of the Parishioner ... why not go to www.stmaryskirkintilloch.org.uk and see this month's copy.

Stephen McKean, Webmaster, has built up previous issues online so you can look back on past copies. Also if you wish any news or information to be put on the website over the summer months please e-mail webmaster@stmaryskirkintilloch.org.uk and we will put these on the News page of the website.

The Rectory . . .

My dear Nephew Darren

So, your vicar has appointed you to be the magazine editor; I wonder what you have done to offend him. I appointed our magazine editor 20 years ago, after her dog dug up my rose bed. Sadly, she seems unaware that I gave it to her as a penance and has been happily carrying on ever since. She has even developed a nasty persistence when it comes to chasing me for a vicar's letter every month. Becoming editor has brought out the tyrant in her.

I applaud your hope that your magazine will be a great force for good in the community, but I fear you may be disappointed. You will hardly believe this, but many readers of our magazine seem to ignore my pastoral letter altogether, and instead scan the adverts for plumbers and undertakers – and even for both – if there has been a major burst in their pipes.

In any case, here are some editorial tips to bear in mind: if you want to keep any piece of church information confidential, then publish it in your magazine. On the other hand, if you accidentally transpose the names of the ladies responsible for the altar pedestal and lectern on the flower rota, it will be spotted within seconds of publication. And you

will not be easily forgiven.

Staffing rotas can be helpful, so that people know who to blame when anything goes wrong. Reports of meetings of monthly groups are also welcome, because not everyone who goes to these meetings can stay awake the whole time, and thus a report informs them about the bits they slept through.

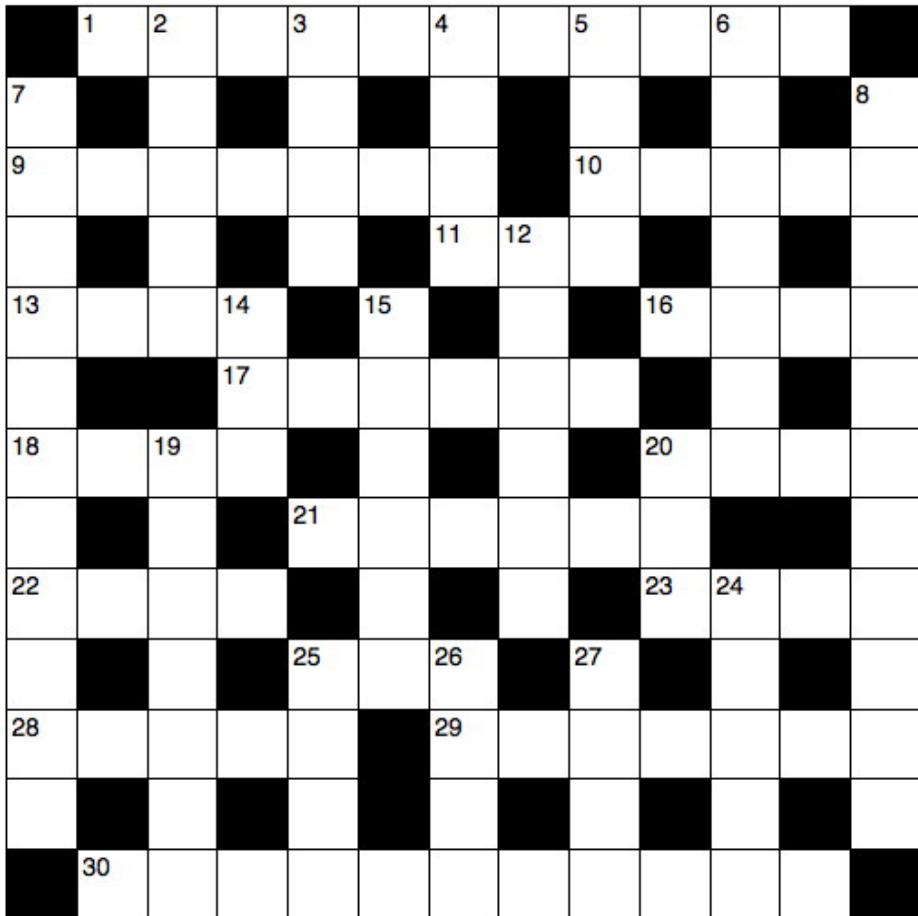
Always include a list of contact details for all the church officers, but don't worry if you mix up their various phone numbers. In fact, it can help get people talking to each other, because in order to reach the PCC Secretary, they will have had to phone most of the other PCC members first.

My final piece of advice is to omit any deadline for submission for the following month. A deadline is like a red rag to a bull, and simply incites people to break it. Whereas if you have them a bit worried that they may be left out, they will get you the copy in good time.

I wish you many happy hours reading badly written copy, fending off fearful poems, and stalking your own vicar, in vain hopes of getting his clergy letter.

Your loving uncle, Eustace

Crossword



ACROSS

- 1 These letters come between Romans and Galatians (ii)
- 9 'You will not — me to the grave' (Psalm 16:10) (7)
- 10 King of Moab to whom the Israelites were subject for 18 years (Judges 3:14) (5)
- 11 Town possessing mineral spring (3)

- 13 Mede (anag.) (4)
- 16 High-fidelity (abbrev.) (4)
- 17 He succeeded his father Rehoboam as king of Judah (1 Kings 14:31) (6)
- 18 A son of Simeon (Genesis 46:10) (4)
- 20 Controversial religious book of the 1970s, The — of God Incarnate (4)

Continued overleaf

21 'He has received from the Father the promised Holy Spirit and has poured out what you — — and hear' (Acts 2:33) (3,3)

22 'You — me together in my mother's womb' (Psalm 139:13) (4)

23 Edit (anag.) (4)

25 'Who has believed our message and to whom has the — of the Lord been revealed?' (Isaiah 53:1) (3)

28 Abraham's brother (Genesis 22:23) (5)

29 'When Mordecai learned of — that had been — , he tore his clothes' (Esther 4:1) (3,4)

30 Sympathetic (Proverbs 11:16) (4-7)

DOWN

2 'That was why his parents said, "He is — —; ask him" (John 9:23) (2,3)

3 Integrated Services Digital Network (1,1,1,1) 4

4 'Saul has slain his thousands, and David his — of thousands' (1 Samuel 18:7) (4)

5 Concept (John 8:14) (4)

6 'Do we, then, — the law by this faith? Not at all! Rather, we uphold the law' (Romans 3:31) (7)

7 Industrious (2 Timothy 2:6) (11)

8 'I pray also that the eyes of your heart may be — in order that you may know the hope

to which he has called you (Ephesians 1:18) (11)

12 'Out of the same mouth come — and cursing' (James 3:10) (6)

14 This was how many of the Jewish leaders described Jesus (John 10:20) (3)

15 Vitality (Job 20:11) (6)

19 He urged David to kill Saul at Hakilah (1 Samuel 26:8) (7)

20 'So for a whole year Barnabas and Saul — with the church and taught great numbers of people' (Acts 11:26) (3)

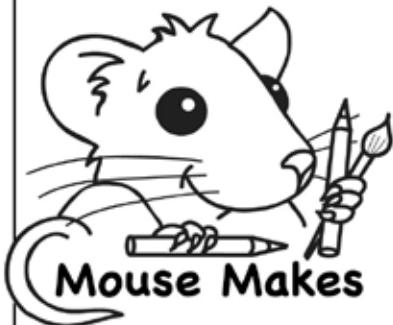
24 'Hear, O Israel: The Lord our God, the Lord — — ' (Deuteronomy 6:4) (2,3)

25 Parched (Matthew 12:43) (4)

26 'In the image of God he created him; — and female he created them' (Genesis 1:27) (4)

27 Disparagement (Psalm 15:3) (4)





During Lent read through the Gospel of Luke and each day pray for God to help you become more like Jesus

Lent is the name given to the 40 days before Easter and is a time to *pray*, to *read* the bible and to *turn to God*. The first day of Lent is **Ash Wednesday**, a day to *repent* and say *sorry* to God for the wrong things we have *said* or *thought* or *done*.



Can you find these words in the word search above?

LENT • ASH WEDNESDAY • FORTY DAYS
JESUS • WILDERNESS • TEMPTATION • PRAY • FAST
DENY • REPENT • SORRY • FORGIVE • GIVE • HELP
PREPARE • REFLECT • THINK • READ • SCRIPTURE
BIBLE • WORD • REMEMBER • WORSHIP • GOD

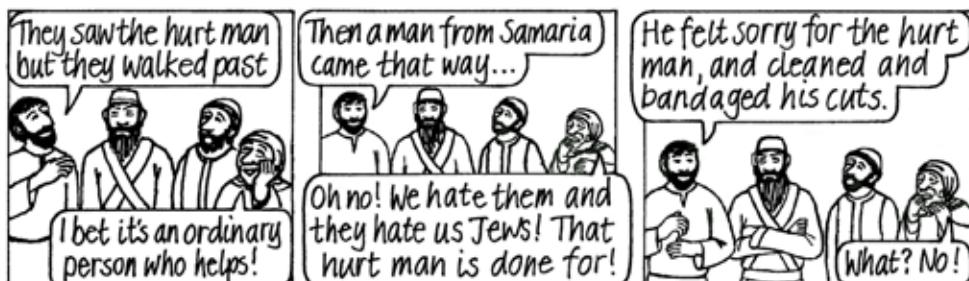
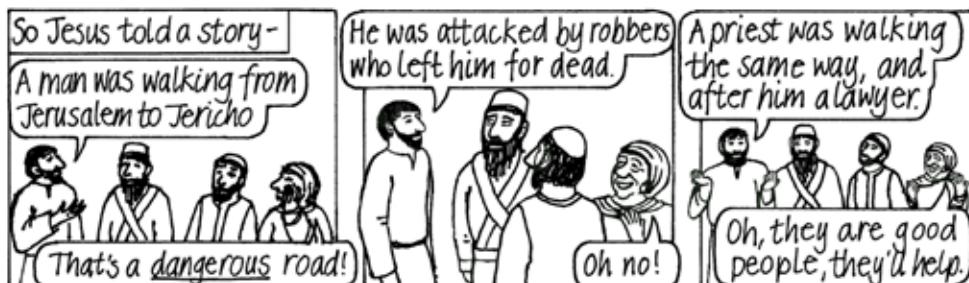
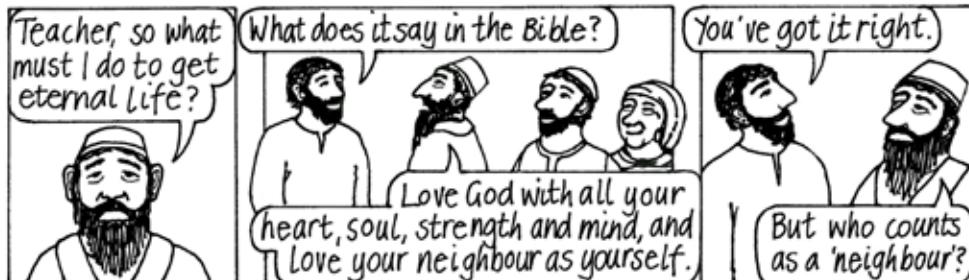


Bible Bite

It can be read in the Bible in
Luke 10:25-37

A short story from the Bible

An expert in the Law of Moses wanted to test Jesus' knowledge of the laws in the Bible, so he asked Jesus a question.



ST MARY'S PARISH CHURCH *Organisations*

Contact list 2017.18	Organisation	Location	Time	Contact
Sunday	Sunday Worship	Church	11am	Rev Mark Johnstone
	Young Church	Church Halls	11am	Elaine Stevens
	Fairtrade Stall	Main Hall	12 noon	Leslie Baird/Fiona Leishman
	Badminton - Senior	Main Hall	7.30-10pm	Liz Barrie
Monday	Nursery	Church Halls	8.30-11.45am	Elaine Connor
	Ladies Bowling	Main Hall	1.30-3.30pm	Cathie Devine
	Shipmates	Main Hall	6-7pm	Nichola Colquhoun
	Running/Walking Club	Session House	7pm	Bob Brown
Tuesday	Nursery	Church Halls	8.30-11.45am	Elaine Connor
	Ladies Badminton	Main Hall	1.30-3.30pm	Anne Selbie
	Badminton - Senior	Main Hall	8-10.30pm	Liz Barrie
	Prayer Time	Meeting Place	7-7.30pm	Rev Katy Owen
	Country Dancing	Mid Hall	7.45-10pm	Moira MacNeill
Wednesday	Nursery	Church Halls	8.30-11.45am	Elaine Connor
	Wednesday Welcome	Session House	10-11.20am	Mary Stirling
	Wednesday Service	Church	11.30-12noon	Rev Mark Johnstone
	Over 50's Badminton	Main Hall	1.30-3.30pm	Anne Allan
	Rainbows	Mid Hall	6.30-7.30pm	Janet Millin
	Brownies	Main Hall	6.30-7.45pm	Cara Daniels
	Vestry	Church Vestry	7-9pm	Church Office
	Running/Walking Club	Session House	7pm	Bob Brown
	Guides	Main Hall	7.30-9.30pm	Cara Daniels
	Trefoil Guild (monthly)	Mid Hall	7.45-10pm	Edith Dunn
Thursday	Nursery	Church Halls	8.30-11.45am	Elaine Connor
	Flower Circle (Alternate Weeks)	Mid Hall	7.30-9pm	Elizabeth Walker
Friday	Nursery	Church Halls	8.30-11.45am	Elaine Connor
	Listener's Circle (Monthly)	Session House (church)	2-4pm	Edith Dunn
	Friday Fellowship (Alternate Weeks)	Mid Hall	7.30-9pm	Moira MacNeill

For further information on any of the above –

Please contact the Church Office on

0141 775 1166 or email: office.stmarys@btconnect.com



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